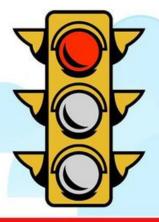
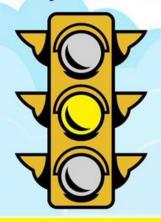
SOCIAL DISTANCING:

What does it mean?

Social distancing means reducing close contact between people to slow the spread of infectious diseases.

Slowing the spread of the virus will help our hospitals be able to care for patients. If too many people get sick at once they might not be able to care for everyone who needs help.







AVOID

Playdates

Playgrounds

USE CAUTION / LIMIT

wash hands or use hand sanitizer after, keep space from others

Grocery Stores

Take Out Food

Pick Up Medications

Contact a Neighbor, Friend or Relative to ask if you can drop off groceries/medication at door?

SAFE TO DO

keep space from others, wipe down plastics and

Games

Yard Work

Take a Walk*

Go for a Hike*

yard*

Video Chat

Take a Class

Online

Virtual Tour a Museum

Paint

Cook

Offer Your Skills to Others

Electronically

Be Creative

wash hands after touching packaging

Watch TV or Movie

(at home)

Read a Book

Play Video

Listen to Music

Game Night

Play in your

* Do these things alone or with members of your household

House Parties

Bars

Non-essential travel

Museums, Arcades, Malls

Church Services

Sleep Overs

Concerts, Sporting Events, Theater

Gyms

Group Hangouts

Weddings